



# ShrinkRAP

Newsletter of the New Zealand College of Clinical Psychologists  
THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLOGISTS

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☆ NZCCP wishes you all a merry Christmas and a happy New Year! ☆

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If you haven't done so already there's still time to register for the

## **2009 NZCCP CONFERENCE**

### **"Psychology (EXPOSED): Practice Revealed"**

31 January and 1 February 2009 in Dunedin

**This is preceded by the pre-conference workshop,**

#### **"WORKING WITH COMPLEX CLIENTS"**

with Drs Arthur and Sharon Freeman on 29 and 30 January.

Please go to <http://www.nzccp.co.nz/events/conferences/nzccp-conference-2009.html> to

download the brochure and registration form

**Or register online for the Dunedin Conference here**

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## **College News**

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### **From the President**

EAP Counselling Scheme for College members

The College President, Nigel Fairley, and the Executive Director, Caroline Greig, have been working together to acquire a new service for College members.

As a result, the Medical Protection Society has just announced that they are extending the free counselling support service, previously offered only to Medical Practitioners, to Clinical Psychologists. They also invite any Clinical Psychologist, who works in private practice and who wishes to be included in the list of practitioners providing the service, to contact MPS.

Those who want to access counselling support can ring the MPS 0800 number - *0800 CallMPS (0800 2255677)* - at any time. MPS guarantee that, as is currently the case, all calls to this number are kept in the strictest confidence. Your call will be answered by one of the medico-legal

consultants (as it is now) who will start the process.

If you feel that you or a colleague who is under stress would benefit by such a service then we suggest you call *0800 CallMPS (0800 2255677)* as soon as possible. You may use the same number for general information about the new service.

Professional Liaison Committee Ann Connell and Nigel Fairley attended a meeting at RANZCP along with representatives from the Royal Australia and N.Z. College of Psychiatrists, the Royal NZ College of General Practitioners, the N.Z. College of Mental Health Nurses and NZCCP. The key focus for this group, renamed as the Mental Health Professional Liaison Committee, will be focussing on developing professional relationships and providing a joint response on issues with an eventual goal of pro-activity on potential issues. For now the group will be operating under the RANZCP banner. The next meeting will be in February.

The Benefits to Members pamphlet is currently under review and will be edited and printed early in the New Year.

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### **From the Editorial Team**

Hi everyone - we hope you have a wonderful, restful Christmas and New Year. We hope you enter 2009 with renewed energy and excitement about contributing to your Journal!

This is your last chance to let us know what you'd like in your Journal. Please take a moment and fill out this brief survey. Thank you to those who have completed this already. The link is:  
[http://www.nzccp.co.nz/index.php?option=com\\_forme&fid=6](http://www.nzccp.co.nz/index.php?option=com_forme&fid=6)

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### **College Awards**

As part of the goal to increase the benefits to members, NZCCP has introduced a new award and a new grant.

The **NZCCP Research/Study Award**, of up to \$6,000, is now offered annually to a full or associate member of the College to assist them to undertake travel or a similar specific activity to further their education or interest in a clinical or research activity related to clinical psychology.

Up to four **NZCCP Travel Grants** of up to \$1,000 are now provided annually to Full, Associate, or Student members of the College to assist them to travel to and attend a continuing education opportunity (such as a Conference, Workshop, or substantial organised site visit) either in New Zealand or overseas.

**Te Karahipi Oranga Hinengaro** and the **President's Award** are now in their second year with some modifications. Each of these awards, of up to \$1,500, is offered annually to a student member of the College who is recognised as performing well in their training and as likely to make a positive contribution to Clinical Psychology in the future. The purpose of this award is to assist the student member to undertake the development of their knowledge and skills in Clinical Psychology and its application. The first is available for Maori students.

For more information on these please go to <http://www.nzccp.co.nz/about/the-college/nzccp-awards-and-grants.html>

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### **Membership News**

College membership continues to grow steadily. At the National Executive meetings since the August ShrinkRAP the following people have been approved and accepted as full members of the College:

Gillian Roper, Wellington; Deirdre Brown, Dunedin; Giselle Bahr, Wellington; Paul Oxnam, Wellington; Nolene Keegan, Tauranga; Karla Mattson, Wellington; Mette Hanson-Reid, Auckland; Melissa Porritt, Wellington; Karen Nimmo, Wellington; Angela Armstrong, Wellington; Ashira Aramai, Auckland; Rosalind Turner, Dunedin; Jolie Hammond, Christchurch; Michael Carter, Nelson; Joanne Clarkson, Hamilton; Kilmeny (Jayde) Walker, Otago; Gahan Joughin, Christchurch; Dr Robert Kooken, Tutukaka.

As a Full Member each may now use the acronym MNZCCP.

Sasha Gold, Wellington, Martina Messenzehl, New Plymouth, Nadine Pow, Christchurch, and Jan Geary, Auckland, were also approved as Associate members.

The **NZCCP Fellowship Award** was presented to **Oliver Davidson** (Otago) at the NZCCP 19<sup>th</sup> AGM for his outstanding long term and ongoing contribution to clinical psychology in the fields of clinical practice and education as well as research, literature and contributions on numerous professional committees.

The National Executive wishes to congratulate these people on attaining their new membership status.

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### **Conference 2010**

The NZCCP Canterbury branch would like to know if any of you have any information, photos, anecdotes, documents etc relating to the history of NZCCP that you would be willing to share for the College's 2010 conference exhibition and booklet. Please send anything you have to Sonja Bakker [sonja.bakker@empower-rehab.co.nz].

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### **Family Courts Matters Bill**

The Ministry of Justice have notified the College about the Family Court Matters Bill which introduces the following key changes relating to professional services in the Family Court:

- Introduction of Family (non-judge led) Mediation
- Extending who can attend counselling to include wider family members.
- Introducing counselling for children in some circumstances
- Extending supervised contact to domestic violence proceedings.

#### Family Mediation

The introduction of the new Family (non-judge led) Mediation service follows a successful pilot run in four Family Courts in 2005 and 2006. The purpose of Family Mediation is to divert less complex family disputes away from formal court proceedings and to resolve them quickly and inexpensively. In Family Mediation, an independent mediator works with parties to identify issues between the parties and assists them to reach a resolution.

The Family Courts Matters Bill introduces Family Mediation for relationship disputes under the Family Proceedings Act 1980 and disputes relating to care arrangements for children under the Care of Children Act 2004.

#### Widened criteria for counselling

For disputes relating to the day-to-day care, contact, or guardianship of a child counselling is currently only available to parents of the child. There are numerous cases where the care of children is undertaken by someone other than the parents. The Family Courts Matters Bill allows for counselling services to be made available to other parties involved in the care of children in these instances.

#### Counselling for Children

Counselling for children funded by the Family Court will also be made available in some circumstances as a result of the Bill.

The circumstances in which counselling for children will be available are as follows:

When parents or caregivers are undergoing counselling relating to a dispute over the day-to-day care, contact, or guardianship of a child, the child will be permitted to attend counselling so that their views can be clarified and communicated to the parents or caregivers. This may also involve the children taking part in one of the parent's sessions where that is deemed appropriate by all parties.

Where a mediator has agreed that a child may attend mediation, the mediator must discuss with the child whether the child wishes to attend counselling for the purpose

of clarifying his or her views on the matter in issue.

A child may be eligible for counselling in cases where the Court considers that the child is in exceptional need of assistance in accepting the terms of a parenting order or adjusting to any changes resulting from the terms of a parenting order.

#### Supervised Contact

Where supervised contact with a child is imposed as a special condition of a protection order under the Domestic Violence Act 1995 the cost of that supervised contact will be funded by the Family Court. Court funded supervised contact was previously only available when supervised contact was ordered under the Care of Children Act 2004.

Further information on the Family Courts Matters Bill, and progress updates on its implementation, will be available on the Family Court website (<http://www.justice.govt.nz/family>).

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You may have seen Annette Fea's article "*Medicine and Mental Health - The Isotretinoin Issue*", which was published in the New Zealand Clinical Psychologist Journal, Autumn 2008, Vol 18(1). This provided a summary of the research findings linking the popular acne medication isotretinoin with mental health disorders. The article has been reviewed by a panel of Medsafe advisors to the Minister of Health. The panel considered that:

"The article provides a good overview of the current evidence for an association between the use of isotretinoin and the development of psychiatric adverse effects including depression".

It was acknowledged that Medsafe had not informed psychologists of the adverse effects of isotretinoin and that it would be advisable to do so. Some of the clinical psychologists who have read the Journal will now have a better level of awareness, but there are a number of other psychologists and mental health practitioners, without access to this information. Annette has sent a further message to leaders in mental health throughout the country, in the hope of improving awareness generally.

**Update from the ACC Mental Health Sector Liaison Group**

The Mental Health Sector Liaison Group has only met once since I last provided an update for ShrinkRAP. The meeting was on 25 November 2008 and unfortunately the minutes have not been released yet, so I can only provide a broad overview of some of the items from the meeting. The minutes will be available from the NZCCP office. There have been changes to the membership of this committee again: the external representatives remain the same but all of the ACC representatives have been replaced by new people. The meeting is now being chaired by the new ACC Senior Medical Advisor, Dr Peter Jansen, and included representatives from the Longer Term Programmes team, Rehabilitation Service Development team, the National Manager of Strategic Direction, Manager of Sensitive Claims, a representative from the Injury Prevention Programme and two National Advisors for Psychology and Mental Health.

**ACC – DHB interagency project**

ACC is meeting with DHB's and MOH to discuss services for people with severe mental health disorders who are also ACC claimants. There have been situations where it is uncertain that an ACC claimant will have access to specialist mental health services and issues about who is responsible for funding services. The interagency project group is discussing three main topic areas; funding, agency interfaces and identifying service gaps. The goals of the meetings are to clarify and speed up client pathways, simplify service decision making, clarify funding and to discuss service purchasing issues. A survey has been completed to try and determine the extent of the problem and to identify particular gaps in services. The group formed in May 2008 and further meetings are scheduled, so there have not been any major changes achieved yet.

**Changes to Cover for Deliberate Self-harm**

In the past, ACC did not provide cover for clients who inflicted self-injuries 'wilfully', unless the injury or death was 'the result of mental injury'. However, from December 2005, ACC made the assumption that the client had a mental injury unless there was

strong evidence this was not the case, and they provided appropriate cover without going through an assessment for entitlement process. There was a law change from 1 August 2008 to bring the legislation into line with ACC's practice. This law applies to all new claims, so it is possible disentanglement may still apply to claims filed before 1 August 2008. The good news is that clients with deliberate self-harm injuries may be entitled to physical and psychological rehabilitation services, social rehabilitation, vocational rehabilitation and financial entitlements.

**Access to Clinical Records for Sensitive Claims Clients by ACC**

A statement in an ACC Sensitive Claims newsletter in January 2007 raised concerns about a potential ethical issue for psychologists holding the Sensitive Claims contract. The statement said that ACC may request copies of therapists' clinical notes as part of the process determining if a mental injury meets the appropriate legislative requirements for cover. This raises concerns about privacy for the client, about the potential for non-clinicians accessing and misinterpreting clinical information, and about needing to add this as a potential limit of confidentiality in discussions with clients. The NZCCP Ethics committee considered the issue and obtained a legal opinion via MPS. The conclusions of the Ethics committee was that it is not in the client's best interests for ACC to have direct access to the psychologist's clinical records and that accessing records would need to be carefully managed to be consistent with ethical practice by psychologists. The Ethics committee believes that the needs of the client, ACC and the psychologist may be balanced if notes are only requested in special circumstances. If notes are requested and the psychologist considers they contain sensitive information, the psychologist should inform the client and use the ACC Code of Conduct process to resolve the situation. Psychologists working with ACC clients need to make the client aware of this potential limitation to confidentiality and to consider this when taking clinical notes. ACC were not aware we considered the requirement to supply clinical notes is an issue and were receptive to further discussion and consideration, and they have

requested copies of the Ethics committee and the legal opinion. It is anticipated this will be discussed further at the next Mental Health Sector Liaison Group meeting.

If members have policy issues they would like to be raised at these meetings, then please e-mail me at [tvbarnfield@xtra.co.nz](mailto:tvbarnfield@xtra.co.nz). The date for the next meeting has not been set yet but I anticipate this will be in February 2009

**The Rehabilitation Provider Liaison Group** (previously Social Rehabilitation Liaison & Vocational Rehabilitation Groups – now combined) has met twice since the last report of its activities – once in August and again in late November. This group, comprising a mix of professional groups (e.g., psychology, speech language, occupational therapy, nursing & vocational specialists) and representing a number of different providers, meets to hear about and comment on developments that have been implemented or planned by ACC, that impact on social and vocational rehabilitation.

Recent presentations have covered:

1. Amendments to vocational rehabilitation including requiring an occupational assessor to take into account the client's pre-incapacity earnings, providing discretionary extension of up to 3 years and raising the age limit beyond 65 years.
2. ACC has agreed to provide bulk funding to DHB's to cover membership of the Australasian Rehabilitation Outcomes Centre (AROC) which conducts research into the effectiveness of interventions and training and certification in the use of outcome measures.
3. The "Obtain Employment Service", a service for ACC clients who are unable or unlikely to return to their pre-injury employment.
4. Overview of social rehabilitation assessment, listing different assessment contracts and principles of good assessment.
5. An update on NIDMAR (National Institute of Disability Management Research). ACC has purchased licences to implement NIDMAR which is a Canadian based agency in New Zealand. Products include training (Certified Disability Management Professional (CDMP™) and Certified Return to Work Co-ordinator (CRTWC™), a disability assessment

tool, the Consensus Based Disability Management Audit (CBDMA™).

6. A trial underway, of an integrated Needs Assessment.

If members have policy issues they would like to be raised at these meetings please contact me: [J.M.Leathem@massey.ac.nz](mailto:J.M.Leathem@massey.ac.nz). The date for the next meeting has not been set yet but I anticipate this will be early next year.

(The minutes for the meetings and copies of presentations made are available from Caroline at the NZCCP office.)

### **Work-Related Mental Injury**

Due to some recent changes to the Injury Prevention, Compensation and Rehabilitation Act 2001, a new form of ACC personal injury cover for clients suffering work-related mental injury was introduced on 1 October.

Before 1 October 2008 the ACC scheme did not provide cover for mental injury unless it was a consequence of a covered physical injury or as a result of sexual abuse. The 2007 amendment to the Injury Prevention, Rehabilitation and Compensation Amendment Act changes that and has introduced cover for "work-related mental injury caused by direct exposure to a sudden traumatic event during the course of employment". This excludes mental injuries caused by non-work exposure and exposure to gradual onset workplace stress.

The new rules are relevant to psychologists and counsellors as a range of clinical services may be required as part of a client's treatment plan once cover has been granted.

Cover for work-related mental injury involves establishing that the event is considered to meet the criteria for a 'traumatic event', and as a result of the event the client has developed a clinically significant behavioural, cognitive or psychological dysfunction, and the event was the most likely cause of the mental injury.

Psychiatrists will provide ACC with clinical information following an assessment of the client, which will be used to help ACC make cover decisions and plan treatment. Treatment may then be delivered by a psychiatrist, psychologist or counsellor, depending on the nature of the treatment plan recommended by the psychiatrist and determined by ACC.

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## Draft Minutes of the NZCCP 19th Annual General Meeting

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### Tuesday 23 September, 2008, from 5.30 to 7pm at Rydges Hotel, Christchurch

The meeting opened at 5.45pm with a welcome and a karakia from the College Kaumatua, Kuni Shepherd.

**Present:** Nigel Fairley, Ann Connell, Kuni Shepherd, Malcolm Stewart, Clive Banks, Deb Moore, Haidee Westwater, Fran Vertue, Eileen Britt, Tracey Barnfield, David Mellor, Sonja Bakker, Sue Galvin, Kumari Fernando, Gini McIntosh, Petra Hoggarth, Ron Chambers, Lois Surgenor, Rowena Palmer, Paul Neilson, Ann Huggett, Margaret Sandham, and Caroline Greig (minutes)

**Apologies:** Nik Kazantzis, Sue Murray, Kris Garstang, Ian de Terte, Karen Nimmo, Simon Judkins, Gillian Hawke, Ruth Pracy, Paul Robertson, Nicola Curtis, Stefany Frost, Lisa Wu, Oliver Davidson, Nicola Brown, Lynley Wicks, John Fitzgerald, James Smithells, Paula Fielden, Jane Lennan, Ginny Eggleston, Marianne Quinn, Karen Ramsay, Bronwyn Moth, Prue Fanselow-Brown, Janet Leathem, Jenny Jordan, Janet Carter, Margaret McConnell, Charlotte West.

### Minutes of the previous AGM (24 November 2007)

These were tabled and read.

Moved: Fran Vertue; Seconded: Deb Moore.

The minutes were accepted unanimously as a true and accurate record of the 18<sup>th</sup> AGM.

### Matters Arising

The motion that National Executive explores the possibility of grant for research and training has been actioned. Malcolm Stewart's NZCCP Research/Study Grant document was read to the meeting. This will be placed in ShrinkRAP and emailed to the membership. It will also be included in the Members Handbook.

### Presentation of Annual Reports by Office Holders (see appendix)

The reports were tabled as follows:

- President (Nigel Fairley)
- Honorary Secretary (Ann Connell)  
Lois congratulated Ann on her report
- Treasurer (Malcolm Stewart)  
Nigel suggested that students be further encouraged to join.  
The branch/head office financial relationship will hopefully be sorted out within the next couple of months.
- Board of Membership and Professional Standards (Deb Moore)
- Te Maangai Maori (Clive Banks)  
It was acknowledged that it is great to have Clive in the role and also very good mana for the College to have Kuni Shepherd as the College Kaumatua.

The reports were moved as accepted by Tracey Barnfield and seconded by Lois Surgenor; all were in favour.

### Maintenance of Professional Standards (MOPS) report

- Fran talked about the four documents: Points Achieved, Programme Evaluation, Supporting Evidence and the Notes. The program has been designed to build on the core competencies.
- Caroline is to email these documents to everyone.
- David Mellor will be exploring the process of running the programme through the website.
- Kumari suggested that contributing to the College Journal be rewarded with points - to be discussed further.
- As this is a most important development for the College, we need to get it right and we need to get compliance with the Board.
- There will be a further report to the next AGM in January with a view to running it out in July 2009.

- Fran Vertue and Eileen Britt were acknowledged and thanked for all the hard work they had done developing the programme so far.

**NZCCP Branch reports were tabled  
(Available on request from the NZCCP office.)**

**NZCCP Fellowship Award** presented by Nigel Fairley to **Oliver Davidson** (Otago) for his outstanding long term and ongoing contribution to clinical psychology in the fields of clinical practice and education as well as research, literature and membership of numerous professional committees.

**Remits**

First Remit: That the quorum required for NZCCP AGM is altered to Twenty Full Members to reflect the College membership;

Proposed: Nigel Fairley; Seconded: Ron Chambers; Carried.

Rationale for remit:

The original quorum of 10 was agreed to in 1990 when College was first set up and had a membership of around 100 Full Members. Now that the membership has quadrupled a quorum of 10 is too small to be adequately representative.

Discussion of remit:

There was discussion about whether just Full Members should make the quorum or if Associate members be included and also be given voting rights. It was decided that this would need to be discussed further.

Second Remit: That the College Executive explores the possibility of developing a program of mentoring for emerging clinical psychologist members by more senior members.

Proposed: Simon Judkins; Seconded: Malcolm Stewart; Carried.

Rationale for remit:

There is recognition of the value of mentoring for students and relatively newly qualified clinical psychologists. This is distinct from clinical supervision in that it does not focus on individual case supervision, rather focusing on the career and professional development of the clinician. Mentoring could be either for an individual or for a small group. The frequency of mentoring would be by agreement between the parties but typically might be a session every couple of months. As far as possible mentors would be found to match specific areas of interest of the mentored people. Initial discussions have indicated interest from some senior members in providing mentorship. The College could provide a very valuable service to members by developing a structure for facilitating mentoring of emerging clinical psychologist members (students or relatively newly qualified Clinical Psychologists). Local branches could typically arrange the mentoring relationships, although for some members living further from an active branch, the national office may play a role.

Discussion of remit:

Canterbury branch provide mentoring already for their students. They are also setting up an evaluation study to look at the value of this service.

The National Executive could explore this with a view to introducing it at the 2010 conference perhaps in the form of a workshop but in the meantime the Canterbury Branch will be asked to send the National Executive some information about their programme. David suggested that the College give some consideration to the quality of the mentoring.

Third Remit: That where the College Competencies Framework requires specific training to be undertaken, then the College takes responsibility for facilitating the provision of that training to make it relatively accessible to members.

Proposed: Michelle Meiklejohn; Seconded: Malcolm Stewart. Withdrawn for rewording.

Rationale for remit:

While most continuing educational needs for members are varied due to their different fields and levels of expertise, the evolving competencies framework may require meeting of some core requirements such as the fulfilment of a cultural continuing educational component or similar. Such training could be quite difficult for many members to source for themselves, particularly those in private practice or not working with large organisations that provide such training "in-house". In such cases there could be considerable benefit in the College being active in arranging for provision of such training in 3-4 centres around the country so that members are able to access appropriate training relatively easily. In addition to assisting with provision of the training,

this may also assist with ensuring that such training is optimally relevant to the enhancing the competence of clinical psychologists.

#### Discussion of remit

It was agreed that to develop such a program was a good idea but that the remit as above is written too broadly and that there needed to be a limitation in terms of financial responsibility for the College. The remit will have to be reworded in order to avoid offering either the impossible or the irrelevant.

Suggestions for rewording included

- *that the College should be aware of difficulties with professional development in the categories that have been nominated and offer support for members to fulfil competency requirements.*  
or
- *that the College explores further ways of supporting the attainment of the MOPS with possible emphasis on specific components, in particular cultural.*

#### **Any other business**

- i National Council assist local branches to minimise their tax costs. The College accountant will be asked to send a letter to Otago branch to give assistance with this.
- ii National conference profit/loss split. This was explained to the meeting and as there was no feedback from attendees at the general meeting this will be discussed in detail at the Council meeting on 24 September 2008.

The 19<sup>th</sup> Annual General Meeting closed at 7.20 pm.

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### **Appendix: Annual Reports by Office Holders**

#### **President's report (Nigel Fairley)**

Due to the fact that this year we are moving the Conference from spring to late summer/early autumn and that the National Executive is bound by the rules to present the College's annual financial statements within a 12 month period we decided to hold the 2008 19<sup>th</sup> AGM, alongside a NZCCP branch workshop, so as to maximise the opportunity for members to attend.

Given that there will be another AGM, the 20<sup>th</sup>, at the National Conference in Dunedin at the end of January, with the usual full programme of awards and more likely a higher attendance of members, a full President's report will be presented then.

In the meantime the College is moving along nicely, doing well politically, as Ann will elaborate upon, doing well financially, as Malcolm will expand upon and with some great plans for the future. We have been putting in place a number of annual prizes and awards and grants and the College is still operating perfectly comfortably within budget.

This has been particularly notable as a time of change with HPCA and HDC reviews for example, and we've been participating in and represented on as many review processes as is possible to fit in. This reflects having a presence and a personality in Wellington

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#### **Honorary Secretary's Report (Ann Connell)**

Over the past year there have been many opportunities to network, to provide a College perspective on matters of relevance, and to keep an eye on developments, particularly with the Ministry of Health.

PPAF, the Psychologists Professional Advisory Forum, has continued to support useful discussion between the College, the Board and the Psychological Society, and in this last year has been joined by University Heads of Department / Heads of School. Discussion of matters of mutual interest include development of continuing competence programmes, "off duty" concepts and scopes of practice review, to name a few.

The College has participated and contributed to the HPCA Act review with attendance at workshops organised by the Ministry of Health and written submissions, and in addition working jointly with other allied health, medical, nursing and midwifery professional associations. The review process has been changed from what was originally proposed and they have now moved to a series of meetings without the promised discussion paper. The College will be commenting on proposals

such as the one that addresses cabinet's concern with the proliferation of groups coming under the HPCA Act by reviewing the basis of regulating new professions and by enabling existing authorities to be reconfigured. In other words the Minister would have the power to change existing authorities or fit new groups with existing authorities and change the name and membership of the Registration Authority.

NZCCP's involvement with the AHPAF allows opportunities to have a voice as part of a larger group of allied health professionals. This included an opportunity to meet with the MoH Workforce Taskforce earlier this year and to continue other efforts to push for better allied health representation at national planning and policy levels. There was good news for psychology in the recently released MoH report, "Working Together for Better Primary Healthcare". It notes that there is an explicit expectation of a collaborative, multi-disciplinary approach to primary health care service delivery and includes psychology as one of the disciplines acting with others to meet an individual's health needs. Current models of professional leadership and clinical governance are not fully supporting the primary healthcare strategy, leading to the recommendation that the Ministry of Health establish an allied health advisory position to provide expert advice and lead the development of the allied health workforce.

Lastly, we have participated in other Ministry of Health events, for example the forum on the Long Term Conditions Programme.

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### **NZCCP Treasurer's Report (Malcolm Stewart)**

(This report should be read in conjunction with the annual accounts of the NZCCP, which were available at the AGM and are available by request from the National Office.)

#### Financial Performance in the Last Year

The College has continued with a solid financial position over the last year. The net surplus for the 2007/8 financial year is \$39,912, somewhat higher than the \$34,019 surplus for the previous year despite not having raised our membership fees for the last several years, and despite setting up a number of new initiatives to benefit members.

The revenue (income) of the College in the past year increased by approximately \$19,000 (13%). The major contributor to this was a larger surplus from the conference than in the previous year, which accounted for 63% of the increase in revenue compared with last year. The balance of the increase in revenue was due to increased membership fees (due to an increase in the number of full members), advertising, and interest. There was a 15% reduction in revenue from MPS collection fees due to the College reducing its commission on MPS fees last year to help offset the increase in the MPS fee.

The total expenditure of the College has increased by approximately \$13,000 (12%). The major single increase has been in Secretarial Services and expenses, which has increased by approximately \$11,000 due to increased hours to meet the need as the College grows more active on a broader range of activities. This growth in hours partly reflects Caroline's increasing role in providing liaison with a range of agencies, often involving attendance at meetings and drafting submissions). It also means an increase in the ability of the College to be responsive to members needs in a timely fashion. College Awards and Sponsorship have also increased with the establishment of new awards. A trend of recent years for reducing expenditure on travel has continued, with the expenditure on travel in the last year being less than \$3,000. This is due in part to the National Office, the President, and the Hon. Secretary being based in Wellington and to increasing use of teleconferencing, but must also reflect considerate management by Council members of their travel arrangements to Council meetings, for which I thank them. Other variances in expenditure over the last year are unremarkable.

#### Current Financial Position

As can be seen from the Statement of Financial Position (page 3), the College has developed and maintains a solid asset base over time. A common benchmark for an organisation such as the NZCCP is to aim for an asset base that is twice the yearly expenditure of the organisation. This is seen as providing an adequate level of financial security against unforeseen circumstances. With

its current asset base of \$246,851, the NZCCP has now reached this benchmark of twice its annual expenditure (\$123,783). This asset backing, along with a fairly stable history of net surpluses in recent years, enhances our freedom to further increase our spending on activities that benefit our members. Efforts to identify what further activities members would most like have been discussed in the branches and will be discussed at the 2008 AGM.

#### Membership

The following table shows the change in membership over the last year. The membership of the College has remained pretty constant compared with the previous year. There has been considerable growth of new members (43 new Full Members and 31 new Associate members, and a solid flow of new Student Members). However, this growth has been offset by particular efforts to "tidy up" our membership lists by following up on members whose current membership status was uncertain (eg Student and Associate members who had been in those membership categories for longer than would be normally expected, and members who were not contactable). This led to movement between membership categories and some loss of members.

#### **Membership Figures 2007-2008 Financial Year**

	Student	Associate	Full	Other	Total
End of 2007/8 Financial Year	205	40	376	40	661
Beginning of 2007/8 Financial Year	212	42	349	57	660
Growth in 2007/8 Financial Year	-3%	-4%	8%	-30%	

#### Financial Projections

Overall, the underlying financial situation for the NZCCP in the next year should remain similar to that seen in the last year. However, a number of new initiatives will increase the NZCCP's expenditure somewhat. These include:

- Several new scholarships and awards have also been established, to a potential total value of around \$9,500, and will begin to feature in future balance sheets.
- As reported last year, a process has been established where branches of the NZCCP can request an annual grant of \$500 to fund one or more branch activities for the benefit of their local members, as long as these activities can benefit the broad range of local members and are in line with the aims of the College. This could be particularly useful for small branches or branches that do not have a strong financial base of their own. Two of these grants have been taken up and there is potential more to be taken out in future years.
- To cope with the increasing size of the College and its activity level, Caroline has increased her hours working for the College to full-time.

These initiatives will increase the NZCCP's expenditure somewhat over the next year. There is also likely to be an increase on the rent of our National Office. This may be able to be partially offset with an increase in our sub-let rental income. No substantial reductions in expenditure are foreseen.

#### Membership Fees for the 2008/9 Year

Given the strong financial position of the NZCCP, it was my recommendation that the NZCCP Membership fee for the 2008/9 financial year be maintained at the same level as the last few years. The MPS indemnity insurance fees are set by MPS independently of the NZCCP.

#### Future Activities

The sound financial position and solid projections for the future provide us with the opportunity to look at ways of further increasing our activities and associated ways of benefiting our members. Branches have recently been asked to indicate additional activities they would most like to see supported or initiated by the NZCCP nationally to benefit the membership. These initiatives will hopefully be discussed at this meeting.

### Relationship Between NZCCP National Body and Branch Finances

There is currently a lack of clarity about the legal relationship between local branches and the NZCCP national body which has some implications for the financial management of both. In effect this relates to whether local branches (and therefore their finances) should be viewed as

- 1) autonomous non-incorporated societies who are financially independent of the National body and who are not bound by the reporting requirements that the National body is due to its incorporated status, or
- 2) covered by the National body's incorporated society status so that the National body has responsibility for their finances.

A legal opinion on this matter has been sought and it is hoped to be able to report on this at the AGM. It is the opinion of the National Treasurer that option 1) offers the maximum ability for branches to be self-determining and self-responsible and minimises the extent to which the National Office is being held responsible for the results of decisions over which it does not have (and should not have) any real control (eg., decisions by the branches to finance a particular activity or course of action). It is expected that the legal opinion should allow clarification of this issue.

### Accounting Practices

The accounting practices for the NZCCP are effectively unchanged compared with last year except that, on the advice of our accountant, revenues and expenses associated with the conference have been brought into our main accounts rather than being maintained separately. This activity is recorded in Note 1 of the Annual Financial Statement and does not otherwise impact on the Statements of Financial Performance, Equities, and Financial Position in the Annual Financial Statements.

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### **Board of Membership and Professional Standards Report (Deb Moore)**

The BOMPS committee meets monthly to look at applications for membership, in time for the monthly NZCCP National Executive meeting.

There were 43 Full Members approved between 1 July 2007 and 30 June 2008, with a further 19 members approved at the National Executive meeting of 18 September 2008, totaling 62.

There were 31 Associate Members approved in the year to 30 June 2008, with a further 6 since July totaling 37.

As the Treasurers Report notes, there has been a growth in full membership. The challenge has been in retaining student / associate membership following graduation when students move on from their university email addresses and are unable to be contacted, travel overseas or whatever other exciting options tempt them, and forget to let the national office know of their whereabouts and intentions.

Following the AGM last year, there has been a concerted effort to track down those who have been languishing in the student and associate categories for longer than would be expected. This has meant that, although the new membership is growing, we have in fact lost a number of people who have moved away, stopped working, had babies or just simply been lost to follow-up.

Generally, membership applications are straightforward. Applications from potential members with overseas qualifications sometimes require that we ask for further detail and information about their clinical training, intern experience and references, to ensure that we, as representatives of NZCCP, follow the membership criteria.

BOMPS is a manageable task for a branch the size of Nelson-Marlborough, and we would be willing to continue in this role with the support of this AGM.

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### **Te Maangai Maori (Clive Banks)**

Part of this role has been to represent the College on a number of committees and forums including the National Standing Committee on Bicultural Issues, Psychology Profession Advisory Forum (PPAF), on the panel of Henry Rongomau Bennett Memorial Scholarships and presenting at the National Maori and Pacific Psychologies Symposium, which the College sponsored.

However due to time constraints there has been limited liaison with the individual Maori members.

# NZCCP

## National Educational Coordinating Committee (NECC)

The National Educational Coordinating Committee aims to encourage and facilitate continuing education opportunities for members, by providing nationally coordinated events to a high standard. Our goal is to coordinate training opportunities between branches with the goal of facilitating training in all regions. A clear distinction is kept between the function of this committee and the broader role of Branch Representatives, who continue to liaise with Council on matters of Policy and general Branch business. Please consult the College Website for further information and links (<http://www.nzccp.co.nz/events/seminars/>)

### TRAINING TIMETABLE

#### 2009 NZCCP Branch Events

BRANCH	MONTH	PRESENTER/ CONTENT
Dunedin	January	Drs Art & Sharon Freeman Working with Complex Clients
Dunedin	Jan/Feb	NZCCP National Conference

#### 2009 Other Organization Events

	MONTH	PRESENTER / CONTENT
Auckland, Wellington, & Christchurch – Doctors for Sex Abuse Care Inc	February 2009	Dr. Ellert Nijenhuis – "Dissociation of the Personality and Childhood Traumatization"
Wellington – 3 <sup>rd</sup> Primary Focus National Conference	February 2009	Local and international experts present their findings and experiences in the primary health sector
Wellington – 2 <sup>nd</sup> HDC Medico-Legal Conference	March 2009	Latest developments in health law.

***REGISTERED  
CLINICAL  
PSYCHOLOGIST***

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**We are seeking a registered clinical psychologist to provide assessment and therapeutic services for adults, and/or children.**

**We provide a family friendly environment.**

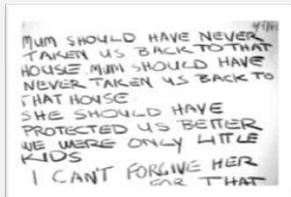
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***The Practice Manager  
Wellington – 04 2338464***

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NEW ZEALAND SOCIETY FOR  
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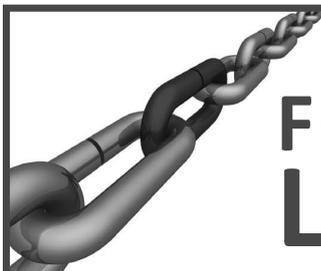
Bioenergetic therapy takes the unity of mind and body as its starting point and expands the range of processes and outcomes available to client and therapist. While it addresses difficulties in the client's life, it also builds emotional openness and physical strength in the body.

The training offers effective interventions that safely incorporate body work. As trainees get more in touch with their own body they develop new ways of perceiving that contribute greatly to the therapy. Trainees find that their understanding of themselves and what it means to be a human is deepened, and their compassion strengthened.

#### Final Taster Workshop - Sat 28 March 2009

For further information and a copy of the training curriculum, contact Pye Bowden

Phone: 04 473 6555  
Email: [pye.bowden@paradise.net.nz](mailto:pye.bowden@paradise.net.nz)  
Website: [www.bioenergetics.org.nz](http://www.bioenergetics.org.nz)



## FORGING LINKS

### New Zealand Pain Society Annual Scientific Meeting 2009

**23-26 July 2009**

The Distinction Hotel, Rotorua

### Stronger Teams For The Future

#### KEYNOTE PRESENTERS



**Professor Michael Chester**  
*Director of the National Refractory Angina Centre,  
Consultant Cardiologist Royal Liverpool and  
Broadgreen University Hospital NHS Trust  
Professor of Rehabilitation and Preventive Health  
Education, Liverpool Hope University*



**Lorimer Moseley**  
*Senior Research Fellow,  
Prince of Wales Medical Research Institute*



**Michael Nicholas**  
*Clinical Senior Lecturer, The University of Sydney  
Anaesthesia and Pain Management  
Department of Anaesthesia*

#### PLAN TO ATTEND THE 2009 CONFERENCE!

## ONLINE REGISTRATIONS OPEN IN JANUARY 2009

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[www.confer.co.nz/pain2009](http://www.confer.co.nz/pain2009)

Contact: 03 546 6022 [pain2009@confer.co.nz](mailto:pain2009@confer.co.nz)  
Organisers: Rita Schulz Conferences & Events Ltd

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### **Child and Adolescent Psychologist**

Wellington Psychological Associates is a well-established private practice, comprising five clinicians and located in the central city. We have full time reception and clerical cover.

WPA is currently seeking an experienced child and adolescent psychologist to join our team. Our preference is for someone experience in developmental and cognitive assessments, as well as in individual child and adolescent therapy. There is the benefit of an established referral base and flexibility of hours.

To register your interest or request more information please contact Shirley Corkill on (04) 4720710 or email [welpa@xtra.co.nz](mailto:welpa@xtra.co.nz).