



ShrinkRAP

**Newsletter of the New Zealand College of Clinical Psychologists
THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLOGISTS**

The President's Word

Nigel Fairley

College Participation and Involvement

The College continues to be busy, expanding and getting more and more requests for representation on important and influential forums and working parties.

Ann and I attended a recent meeting called by the Royal Australian and New Zealand College of Psychiatrists late last month (their head office is also located conveniently on the terrace) along with representatives from the College of General Practitioners and the College of Mental Health Nurses, to discuss the piloting of algorithm brochures for schizophrenia and depression across three sites in New Zealand. A key aspect of this process is consultation with the wider mental health community to ascertain current and potential use of guideline information within each discipline. While these have been written primarily for use by Psychiatrists the RANCP is keen to incorporate other views and make them applicable for use within other disciplines including Clinical Psychology. This was also an opportunity for our organizations to discuss working together on matters of mutual interest.

The College has also received an invitation to be represented on the Advisory Board for the development of resources to support the National Depression Initiative. Ann Connell will join representatives from the Royal New Zealand College of General Practitioners, the Mental Health Foundation, the New Zealand Association of Psychotherapists, the New Zealand Association of Counselors, the Mental Health Consumers Union, Waitemata DHB, the Wellington School of Medicine, the University of Otago and the College of Mental Health Nurses

We also have College representatives on the Palliative Care Palliative Care Advisory Committee which is charged with setting the direction and vision for a relevant and sustainable organization. They were seeking feedback on their draft scoping report - the report that advises the Ministry of Health on the establishment of a national organisation for palliative care. Jo nightingale and Lynley wicks provided feedback on behalf of the college.

The Standards and Procedures for Accreditation of Qualifications leading to Registration as a Psychologist document has finally reached a conclusion with its formal adoption by the Psychologists Board. The next phase of the accreditation of educational institutions courses of study toward the vocational scopes (e.g. Clinical Psychology scope) is now beginning. There are calls for nominations for three additional members. Oliver Davidson has agreed to be nominated and will bring his considerable experience in the UK in this area. If anyone else wants to be part of this important and exciting process please see below for Mike Parkes' report or contact the College office on office@nzccp.co.nz.

And last but not least I am pleased to announce that Karen Ramsay has been appointed to the Psychologists Board. She will add this important role to her already busy life including Advisor in clinical

Psychology at Otago DHB. We are delighted with Karen's appointment. Fresh from her position as Hon Sec for the College she joins other College members Ron Chambers, John Fitzgerald and Lois Surgenor.

Karen was also one of a number of College members who made a significant contribution to the development of the Psych Board Core Comp docs which were formally adopted by the Board at the meeting on 13 April 2006. These documents can be viewed on the Board website [www](http://www.dhb.govt.nz).

The 2006 Conference is taking place in early September and the 17th Annual General Meeting, scheduled for Friday at 4.30pm, is a must attend for College members who want contribute to the running of the College. See later in the ShrinkRap for official notice of the meeting and the minutes of the 16th Annual General Meeting.

The new revised College Handbook including the College Rules will be available for membership perusal at the meeting.

Report from the Honorary Secretary

Ann Connell

Psychology Workforce Advisory Group and Psychology Professional Advisory Forum News DHBNZ Allied Health Workforce Strategy Group

I reported to PWAG on my attendance at the Allied Health Workforce Strategy Group (AHWSG) meeting, as DHB Psychology Sector expert. Allied Health covers 17 occupational groups including psychology. This is one of six DHB strategy groups set up in November 2005 under the "Future Workforce" strategy to assist in developmental priorities of key workforces over the next 5 – 10 years. The Workforce Strategy Groups are a new initiative planned to provide increased capacity for development of key workforces. The other strategy groups are Nursing and Midwifery, Medical, Technical, Non-Regulated and Corporate. Maori Health Workforce and Pacific Health Workforce are integral to workforce development across all of the strategy groups.

In December 2005 the AHWSG sent a qualitative survey to nominated DHB sector experts in each of the 17 allied health workforces asking for information on an overview of each workforce and their role in the health sector, regulation and scopes of practice, practice settings, training requirements and requirements for continuing professional development. It also asked questions about expected changes in service delivery for each workforce over the next 5 – 10 years and about key directions and development issues in areas such as education / training, operational environment, support and infrastructure, technological change.

DHB sector experts for Occupational Therapy, Physiotherapy, Psychology and Social Work were invited to the May 10 meeting. The draft results of the Allied Health Environment Scans were presented and discussed. It was noted that the "scans" were carried out with "DHB provider arm" services only and were not able to look at the wider sector. As expected there were common themes – recruitment, retention, change of roles with new service delivery models, increasing demand for services, access to training and maintaining competencies. The AHWSG meets again in August.

Future of PWAG and PPAF

The format of the existing Psychology Workforce Advisory Group and Psychology PAF was discussed and it was decided that in future PWAG could be incorporated into PPAF with any key workforce issues (from each agency) an item on the PPAF agenda. The opportunity for the Board and professional bodies to meet and discuss relevant issues was considered valuable, important and worthwhile preserving.

Psychologists Board News

The Psychologists' Board reported on their move away from the Registration Board Secretariat to independent operation with former Board Chair Steve Osborne taking on the role of Chief Executive Officer. Lois Surgenor has taken up the role of Board Chair. The Board is changing its work practice to a governance \ policy regime and has created a new position of Psychology Advisor to assist with some of the operations of the board. They will be reporting on this at Conference.

Allied Health Professionals Advisory Forum

NZCCP continues to take an active role in the AHPAF, represented by Selwyn Mason, Caroline Greig and myself. AHPAF is pursuing a 'strength in unity' approach to raise the profile of allied health workers - although individual allied health professions may be small in number, together we make up around a quarter of the health workforce. AHPAF is working towards strengthening its working relationship with the Ministry of Health to enable allied health perspectives to be considered by the Ministry and incorporated into health policy initiatives.

Update from the Accreditation HPCAA Working Party

Mike Parkes

The Glacier that has been the Standards and Procedures for Accreditation of Qualifications Leading to Registration as a Psychologist document has finally reached a conclusion with its formal adoption by the Psychologists Board. We now enter the exciting and more practical phase of the accreditation of educational institutions courses of study toward the vocational scopes (e.g. Clinical Psychology scope).

The principle role of the Accreditation Committee is to implement the Board policies and procedures relating to the accreditation of vocational courses of study. Early tasks for the committee will be the production of the guidelines for assessment visits and a questionnaire for initial documentation of courses of study.

The Board has agreed that in addition to the four members it already has on the Accreditation Committee, that three others should be appointed from educational bodies and those practicing as professional psychologists. It is vital that the College has a voice on this committee independent from the Board as the HPCA Competencies for the vocational scopes are only as strong as the interpretations of the guidelines that are within the Accreditation standards and procedures document, and it is the Accreditation Committee that directly oversees these interpretations.

Calls for Nominations for the three additional members have just gone out and nomination applications close on the 21st August 2006. For further information and Nomination application forms please contact me on (03) 471 7105 or email me mike.parkes@healthotago.co.nz. Don't be shy we simply must have representation on this committee!

Wellington Branch Report

Jo Nightingale

It's been a busy three months for the Wellington Branch. Our combined AGM and Supervision Workshop on 22 June was well attended. The AGM saw a major reshuffle to our Committee. Lynley Wicks resigned as Chair, but remains on the Committee. A very big thank you to Lynley for her hard work and enthusiasm as Chair over the past two years. Jo Nightingale is our new Chair. And a warm welcome and many thanks to Emily Street for agreeing to take over Jo's former role as Treasurer. Many thanks also to Katie McMenamin and Rachel Moriarty for being our Secretaries over the past year. They have been replaced by two very generous students, Muriel Christianson and Kirsten Keown, who have agreed to share the role of Secretary on top of study, theses, and training.

The committee has met twice since the AGM, to map out plans and goals for the coming 12 months. Apart from our usual professional development programme, we also plan to put energy into raising the profile of clinical psychology in public and political arenas. For instance, earlier this year, we made a submission on the repeal of s59 of the Crimes Act (the 'reasonable force defence') – many thanks to Kirsten Keown for her very impressive work on this submission. We plan to keep a watching brief on Bills before Parliament and make further submissions on issues relevant to psychology as the year goes on. We're also in the process of finalizing a submission to the Palliative Care Advisory Committee on its Scoping Report for palliative care in New Zealand.

However, much of our energy and attention is already being focused on Conference 2007 which is to be held in Nelson, and is being jointly organised between Wellington and Nelson Branches. We're very much looking forward to working with our Nelson colleagues on this.



MENTAL HEALTH SERVICES
YOUTH SPECIALTY SERVICE, CCDHB

Senior Clinical Psychologist

We require a Senior Psychologist to be part of an established multidisciplinary team to provide specialist services within adolescent mental health. You will need experience in the field of young people with mental health needs, be able to provide comprehensive therapeutic assessment and intervention.

The Youth Specialty Service is a dynamic team working in a challenging and innovative field. The service provides assessment and intervention for young people with mental health issues, aged 13-20 years, in the Wellington, Porirua and Kapiti Region. Multi-disciplinary team relationships and interagency collaboration are an integral part of this role. There is opportunity to develop and expand clinical expertise in a variety of treatment modalities, with opportunities for ongoing professional development.

If you are an experienced registered Clinical Psychologist, skilled in working with youth and families, with a good understanding of developmental and systemic issues, apply now.

Closing date: 1st September 2006

For application forms and job descriptions please contact: Florica Belworthy, HR Administrator, Mental Health, Tel. 04 385 5999 Ext. 6408 or e-mail Florica.Belworthy@ccdhb.org.nz

Advertisement – “treating trauma” – full page

Notice of NZCCP 17th Annual General Meeting

Friday 8 September 4.30pm at Bruce Mason Centre, Takapuna, Auckland

A G E N D A

1. Presentation of Annual Reports
2. Remits
3. General Business
4. Olina Carter Award : Best Student Poster
5. Life & Fellowship Membership Awards
6. John Alexander Bushnell Award

Attention Members:

If you would like to submit remits for consideration these can either be forwarded to your local branch or national office by 29th August; or on your attendance at the AGM.

Voting Rights apply to Full Members who have paid their 2006/07 NZCCP subscription. The AGM 2005 Minutes follow – please read them if you plan on attending the 2006 AGM.

MINUTES

NZCCP 16th Annual General Meeting

Held at the Rydges Hotel, Christchurch, Thursday 27th October 2005

The President, Barbara Chisholm, opened the meeting at 5.22pm.

Present: Lauren O'Brien, Wendy Steadman, Sarah Beggs, Alice Boyes, Christoph Huelsmann, Annemette Sorensen, Barry Kirker, Matthew Vincent; Margaret O'Connell; Sue Galvin; Mairin Taylor; Aaron Jarden; Gillian Hawke; Jim Hegarty; Rachel Moriarty; Lynley Wicks; Haidee Westwater; Glenda Graham; Makala Graham; Chris Skellett; Bernadette Berry; Louisa Medicott; Kumari Fernando; Barbara Chisholm; Karen Ramsay; Mike Parkes; Eric Lundin; Kim Turner; Tara Clark; Tracey Turner; Sallie Dawa; Stefany Frost; Kathryn Taylor; Susan Selway; Jo Hewson; Lynn Beardsall; Lynne Blake; Andrew Barron; Chris Jurgens; Helen Holmberg; Paul Neilson; Ron Chambers; Mary Miller; John Bushnell; Tracey Barnfield; Kirsty Louden; Nigel Fairley; Oliver Davison; Fran Vertue; Janet Carter; Rachel Prebble; Chris Howison; John Watson; Jane Alexander; Marijke Batenberg.

Apologies: Ginny McDonald, Mary Anderson, John Dugdale, John Williams, Paul Aymer, Kris Garstang, Deb Moore, Simon Bennett, Jo Nightingale, Maggie Dewar, Malcolm McDonald, Kate Farrant, Katie McMenamin; Ian de Tente, Marg McConnell, Malcolm Stewart, Nik Kazantzis; Claire Cartwright; Julian Reeves; David Mellor; Roger Shave

Minutes of the previous AGM: (24 September 2004): were accepted

Moved: Stefany Frost; Seconded: Marianne Quinn

Matters Arising: None

Presentation of Annual Reports by Office Holders

- President (Barbara Chisholm)
- Honorary Secretary (Karen Ramsay)
- Treasurer (Mike Parkes)
- Board of Membership and Professional Standards (Eric Lundin)

The reports were tabled and accepted.

Moved: Helen Holmberg; Seconded: Sallie Dawa.

Election of Officers and Council Members:

President	Nigel Fairley	Wellington
Honorary Secretary	Ann Connell	Wellington
Finances	Malcolm Stewart	Auckland
Education	Nik Kazantzis	Auckland
ACC Liaison	Tracey Barnfield	Wellington
Cultural	Clive Banks	Wellington
Ethics	Peter Bowker/Jane Lennan	Hastings/Hawkes Bay
BOMPS	Deb Moore	Nelson
MOPS	Fran Vertue	Canterbury
Publications	Janet Carter	Canterbury
Website	David Mellor	Otago/Southland
Accreditation	David Mellor /Mike Parkes	Otago/Southland
Core Competencies	Karen Ramsay Barbara Chisholm	Office Holders As required for transition
Student Representative (Co-opted)	Sue Galvin	Canterbury

The officers were nominated and seconded by John Bushnell and carried unanimously.

Thanks was extended to the College members who have contributed to its running ethics, Clive Banks and Paul for the Maori component, the various education groups, the Wellington people, especially Ann Connell and Fiona Ann Malcolm, and the regional representatives from throughout the country.

The outgoing council were thanked for their dedication, time and energy.

Olina Carter Award: Best Student Poster at Conference 2005:

The Olina Carter Award for the Best Student Poster was awarded to Louise Woolf, and was presented by Janet Carter.

NZCCP Fellowship Awards: (These were presented by Karen Ramsay)

- Alan Prosser (Canterbury)
- Chris Skellett (Otago/Southland)
- Deb Moore (absent) (Nelson)
- Eric Lundin (Otago/Southland)
- Helen Inkster (Nelson)
- Marijke Batenburg (Auckland)

John Alexander Bushnell Award: Award for Leadership

Nigel Fairley presented the John Alexander Bushnell Award to John Bushnell.

NZCCP Branch Reports:

Branch reports were all tabled with the exception of Nelson. Marianne Quinn moved that they be accepted. They were carried unanimously.

Other business:

- a) Acknowledgement of Kim Turner's outstanding, brilliant spot-on, quick fast and perfect contribution to the College was given.
- b) Caroline Greig was introduced as the new Manager of the College.
- c) Photos of the new National Office will be published in the November Journal and on the website. The College is leasing suite of rooms from Harbour Chambers who are also the MPS lawyers. A room is sublet to each of Malaysia Airlines and to Aurum Property Systems. This is reducing the annual lease costs by \$11,000 - \$12,000.
- d) A media liaison role was identified with a need for someone who can quickly react to issues happening of interest to the media, public issues groups in other organisations, and with a link with the main council. Media training was held in Dunedin with a prompt to be proactive and give information to the media rather than being merely reactive the questions that they may throw at us; and also to ask for time to respond to questions that they want answered. The idea is to get the media reporting done on our terms and not theirs. Motion was passed that the new council will explore options for media representation and promotion (This was moved by Lynley Wicks, and seconded by Marianne Quinn.)
- e) Involvement with universities was discussed and it was suggested that the College has a University Liaison position (for example, Eileen Britt) on a local branch committee. It could include non-college members. There is a pay-off for the Universities to forge and maintain links with the profession. (This was moved by John Bushnell.)
- f) Tracey Barnfield gave formal thanks to the Christchurch Branch for this conference. There was talk about the need to start preparing now for the 2006 Conference in Auckland.

Meeting closed at 6.38pm.

Advertisements: “Clinical and Consultant Psychologists” – Half Page Vertical

“Child & Adolescent Clinical Psychologist” – Quarter Page