



ShrinkRAP

Newsletter of the New Zealand College of Clinical Psychologists
THE SPECIALIST ORGANISATION FOR CLINICAL PSYCHOLOGISTS

President's Word

Nigel Fairley

The College has established a new award and two new scholarships. These fit in with the three existing awards in line with the College's commitment to value, recognise and encourage members' contribution to the profession. These are:

The **John Dugdale Award** for best student presentation at the annual College Conference.

The **Olina Carter Award** for best student poster at the annual College Conference.

The **John Bushnell Award** for leadership in Clinical Psychology

The criteria for winning this award include evidence of a sustained and exceptional contribution to the clinical psychology profession. This should be evident over years to decades and the range of areas where a clinician may demonstrate such a contribution could include but is not limited to:

- Professional affairs (especially but not only College roles and functions)
- Clinical Practice
- Teaching and professional mentorship
- Research

Olina Carter, John Dugdale and John Bushnell are all past presidents of the College.

The new **NZCCP Award** for contribution to Clinical Psychology is for current members of the NZCCP who are recognised by the NZCCP Council as having made a significant contribution to clinical psychology in the last year. Their contribution may have been in one or more of a number of areas including research, education, public awareness, clinical applications, or the administration or development of clinical psychology. This will be awarded annually at Conference and has a value of \$500. Nominations for this award will be sought from the branches. The College Manager will email the branches requesting that nominations to be sent to the National Executive by 1 September 2007.

The two new Student Scholarships - **Te Karahipi Oranga Hinengaro** and the **President's Scholarship** - will be offered annually to university students enrolled in a clinical training programme. Te Karahipi Oranga Hinengaro is only available to Maori. Particular consideration in awarding each scholarship is given to supporting completion of Masters or

Doctoral level clinical psychology qualifications. Each scholarship is for \$1500 with a closing date for nominations, from the directors of each Clinical Programme, of 31 October.

The scholarship selection process will involve recommendations, referees and assessment. The eight Clinical Programme Directors will be asked to nominate one NZCCP student member for each scholarship, who is not in their final year and who had been showing excellence during their clinical training. For the second stage of the application nominees/candidates will be required to submit by 28 February of the following year a short one page (300 words) article or essay, comprising a literary review on the current research in the candidate's chosen area. A subcommittee of the National Executive will select the successful applicant for each scholarship and the winners' articles will be published in the College Journal. The runners' up articles may also be published - all students who have literary contributions included in the College publications are paid \$100.

Allied Health Professional Association Forum Ann Connell

The Allied Health Professional Association Forum (NZCCP is a member, represented by Ann Connell, Caroline Greig and Selwyn Mason) met with the Minister of Health, Pete Hodgson, on May 3rd 2007. The purpose of the meeting was to brief the Minister on the challenges facing allied health representation and to propose a way of mobilising the collective energy of allied health professionals and their associations in decreasing health disparities and improving health outcomes through greater involvement in service delivery and the policy development process. Allied health make up just over a quarter of the health workforce but have few formal ways of being involved in strategic health planning. Allied health professionals remain marginalised both in the policy development process, and often at an operational level when funders and service providers are dominated by medical or nursing practitioners. The potential that our members offer to health and disability services is therefore not being fulfilled. As a consequence the policy development process has tended to concentrate on the contribution of the medical and nursing professions.

AHPAF is committed to improving the health outcomes of New Zealanders and reducing health disparities and knows that allied health professionals are uniquely placed to make a significant contribution to the achievement of these goals. The NZ Health and Disability Strategies and the Primary Health Strategy, for example, envisage a future health service that will benefit from the skills that allied health professionals bring.

AHPAF will meet with the Director General of Health to discuss possible models of Allied Health representation within the Ministry.

Website report for May 2007

David Mellor, Webmaster

Website update

The College website continues to be active and receives over 600 visits each month with a little over half of them from people returning to the site.

The front page now displays the most **popular pages**. At the time of writing this included Conferences and seminars, How to join and the Private practitioner list. Close behind these comes Vacancies and recently the forum has been checked out more often.

The **Electronic Forum** now offers the opportunity to discuss the MOPS document (among other issues) and we invite you to participate in these discussions by registering for the forum. (<http://www.nzccp.co.nz/forum.html>) Only those individuals who are members, associates or student members will be approved for the forum. When you register, you need to use a name that allows to be identified as a member (along with your email address). Once your application has been validated (from 1 minute to 1 day), you can respond to the existing messages or create a subject thread of your own. Use the help menu if you are unclear, if this doesn't answer your questions, email me (webmaster@nzccp.co.nz).

There has been a dramatic increase in registrations in the last week and this is the way to make the forum work. Discussion will only be as lively as the contributions make it.

Registration and payment online is now available for some NZCCP events and we plan to make annual subscriptions payable this way too when they are due. We are using the "PayPal" system for payments but you do not need to register with "PayPal" or login if you are only using a credit card to pay.

You may also notice that there is an addition to the site which allows comments to be made on pages (via "Digg"). I invite your responses to this electronic "social book-marking" facility.

Update for pain professional groups from Pain focus group

From the February 2007 meeting

The ACC pain focus group brings together representatives from the professional who work in the clinical area of pain

Meeting quarterly, this group provides professional input contributing to high quality service development in ACC.

- The NZ pain society's conference **Pathway is** to be held in Palmerston North in August (<http://www.confer.co.nz/nzps/>). This promises an excellent programme and an opportunity to update on initiatives & current thought across the disciplines.

- Finishing touches are being made to a **compendium** of validated psychometric instruments which assist in the assessment of patients with pain. This work, commissioned by ACC, was undertaken by University of South Australia Professor Karen Grimmer. This will give pain professionals a reference resource from which instruments may be selected. The final compendium is due for launch in August 2007.
- The Pain focus group reviewed the **Activity Based Programme consultation document**. ACC sought feedback on new recommendations for the service schedule and contract for activity based programmes. Over ninety submissions on this document were received and these responses are now being collated and analysed.
- The new **pain management psychological service** goes live on May 1, 2007. This service provides a more tailored contract and schedule for psychologists working in the area of pain. Look for more information on the ACC website from early May.
- ACC is improving the skills available to case managers dealing with patients with pain. Selected case managers from each branch will undergo specific training in pain over the next six months with the first introduction for these **pain champions** taking place in early March. Having a member of the on-site team with an in-depth knowledge of pain and pain management services will help improve rehabilitation for claimants.

Quotes and Queries

Malcolm Stewart

Below is a memorable quote and some questions relevant to clinical psychologists that arise from it. If you have opinions or thoughts about the quote and questions, send them to the NZCCP national office. Your comments may be included or summarised in future *ShrinkRaps*.

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it’s the only thing that ever has”.

Margaret Mead 1901-1978. US Anthropologist & Author

- How much do clinical psychologists work as a “small group of thoughtful, committed citizens” to “change the world” in ways that benefit groups of clients and society in general, rather than just focusing on the individuals or groups who sit in front of us?
- Do we as a group have this potential to “change the world” positively in ways that will benefit many our clients and the broader society?
- If we choose to use our potential in this way, what could we do to help “change the world” to benefit clients and society?
- How do (or could) we help our clients to engage and mobilise their own “small groups” to help to change their world?

A note from the NZCCP Journal Editorial Committee

Janet Carter

The aim of the NZCCP Journal is to present a wide-range of topics relevant to clinical psychologists. To meet this aim and to ensure the ongoing success of the journal it is essential that we receive contributions from YOU. The calibre and strength of the journal depends on the willingness of members to contribute.

We are eager to publish cases studies and review articles on a variety of topics relevant to clinical psychologists. Case studies may outline a particular assessment or treatment approach, highlight an ethical or cultural issue, describe an interesting case or outline how you as a clinician were affected by a particular case. We also welcome research papers describing or summarising your current research. Review articles that summarise our current knowledge on a topic are always well received. Those of you who have recently completed a Thesis or PhD are invited to contribute a summary of your work.

The maximum length for a journal article is five pages, including figures and references. A full page of text carries approximately 500 words. The reference style for the Journal is APA.

Remember students, there is a \$100.00 grant available to any student whose submission is published!

If you have an idea for the journal but it has been a while since you put pen to paper to write an article and would like some help with the writing process the Editorial Committee are more than happy to assist; at any or all stages of writing.

janet.carter@canterbury.ac.nz

Telephone 03 3642987 x8090

Are you interested in research into Neurodegenerative Disease?

The Memory Clinic will be recruiting a research officer to help with Pharmaceutical based projects.

This person will be a well organized and methodical individual with an interest in Neuropsychometrics and neurodegenerative diseases.

They will be qualified as a clinical psychologist, willing to work any weekday primarily between 9am -3pm as a member of a small team. They will hold a valid passport and be will to travel overseas if needed for short periods. Ideally the person will be living in the North Shore, Auckland.

Interested? Then email us now with your contact details to:- mail@thememoryclinic.co.nz so we can talk. See www.thememoryclinic.co.nz



DEPARTMENT
OF CORRECTIONS

Senior Psychologist/Psychologist/Assistant Psychologist Psychological Service, Dunedin Office

As a result of an increase in staffing because of the imminent opening of the Otago Corrections Facility, applications are invited for positions at Senior Psychologist, Psychologist or Assistant Psychologist level in the Dunedin Office.

The Psychological Service Dunedin office contributes to the Department's vision of reducing re-offending by the provision of psychological assessment and treatment for offenders throughout areas in Otago, Southland and South Canterbury. The successful applicants may on occasion have the opportunity of providing services in other areas of New Zealand.

A variety of work is undertaken, including specialist assessments, individual and group treatment, project and research related to offending, and the provision of education and training to other Departmental staff outside Psychological Service.

We are interested in receiving applications from NZ registered psychologists who have post graduate qualifications in clinical or forensic psychology. For appointment as Assistant Psychologist you will need to be undertaking training leading to registration as a Clinical Psychologist.

The following are also essential:

- The ability to work effectively as a member of a team
- Excellent written and oral skills
- Computer literacy

Psychological Service has a record of proven success and a commitment to bicultural practice. Therefore knowledge and understanding of Nga Tikanga Maori would be an added advantage.

For further information and to discuss this opportunity, please contact Eric Lundin, Principal Psychologist, on 03 474 8204.

For a job description, critical factors and application pack, please contact one of our Recruitment Co-ordinators on 04 460 3051, or e-mail jobcorr@corrections.govt.nz quoting reference number PS127.